

MONTAG				DIENSTAG				MITTWOCH				DONNERSTAG			
SÜD	NORD	WEST	MO-SEE	SÜD	NORD	WEST	MO-SEE	SÜD	NORD	WEST	MO-SEE	SÜD	NORD	WEST	MO-SEE
Iron Cross 9- 10h Eva Büchsner		Medical Iron 10- 11h Eva Rührl		Medical Iron 10- 11h Katja Kovar		Iron Cross 9- 10h Laura Ziller	Iron Cross 9.15- 10.45h Babsi Stadler	Hot Iron I 9- 10h Gabi Sokol	Hot Iron I 10- 11h Alex Sch.				Medical Iron 9- 10.30h Marjan J.	Iron Cross 10- 11h Eva Rührl	
Iron Cross 18.30- 19.30h Claudia P.	Iron Cross 18.30- 19.30h Alex Sch.	Iron Cross 19- 20h Eva Büchsner					Hot Iron I 18- 19h Rosi Kistner	Iron Cross 19.30- 20.30h Marjan J.		Iron Cross 18- 19h Alex Schmied	Iron Cross 19- 20h Babsi Stadler	Iron Cross 18- 19h Andrea P.	Iron Cross 18.30- 19.30h Alex Sch.		
FREITAG				SAMSTAG				SONNTAG				Legende			
SÜD	NORD	WEST	MO-SEE	SÜD	NORD	WEST	MO-SEE	SÜD	NORD	WEST	MO-SEE	HI I = Vol. 47			
Iron Cross 8- 9h Eva Büchsner						Iron Cross 9.15- 10.15h Eva Büchsner					Iron Cross 09.30- 10.30h Bettina	Iron Cross = T.- Plan 2012 "Heraklit"			
Hot Iron I 14.30- 15.30h Katja K.												IW	HI I	HI II	IX
				Iron Cross 17- 18h Christian G.	Iron Cross 18- 19h Rosi Kistner	Iron Cross 17- 18h Claudia Benischke						Iron Workout	Hot Iron I	Hot Iron II	Iron Cross
												alle- einsteiger		mittel- fortgeschritten	